



Two-Days International Conference on

INNOVATION AND INTEGRATION OF SPORTS SCIENCE IN PERFORMANCE SPORTS

Organised by

**ADMS INSTITUTE OF SPORTS
SCIENCE AND MEDICINE**

Haringhata, Nadia, West Bengal, India



SEVA BHARATI MAHAVIDYALAYA

Jhargram, West Bengal, India

In Collaboration with

International Association of Physical Education & Sports Incorporated, Physical Education Foundation of India (PEFI), British Graduate College in Wroclaw Poland, Haringhata Mahavidyalaya, Subarnapur, W.B. India

Certificate of Appreciation

This certificate is awarded to Mr./Ms./Dr./Prof.

Satabdi Mondal

of *Paranskuma Banamali College* University / College for
presenting Research Paper / Poster / Model / Participants Entitled *Effect*
of Vitamin C on the pain Intensity of primary Dysmenor-
rhoea in College Students.

in the Two-Days International Conference On Innovation and Integration of
Sports Science in Performance Sports (IISPPS) held on 1st & 2nd July, 2024.

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